

A few words from the Principal.....Zlatko Pear

Issue 1: 3rd February 2023

Calendar

February

7 Year 7 Swimming and Water Polo

15 Year 7-12 Swimming Carnival

17 Prep-6 Swimming Carnival

March

13 Labour Day Public Holiday—NO SCHOOL

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Welcome back to school for 2023

Hello everyone and welcome back to the new school year. I am pleased to announce that all students have settled in and that the first week has generally been disruption free. We started this year with 27 excited Prep students. As parents we know that the first year of school is an exciting time and that it can also be exhausting. We also have a significant number of new students starting in other year levels throughout the school. A special welcome to all our new students and families. I am confident that they will enjoy being a part of the Myrtleford P12 College community. We are very excited to announce that we have introduced music into the Primary School curriculum. In addition to the other specialist classes (Art/PE/PMP/Italian), all Primary classes will now have a weekly music lesson.

Building works

We were pleasantly surprised at the end of last year to receive an email from the Victorian Schools Building Authority (VSBA) confirming an additional \$1.428 million to support our upgrade project. This means we have now been allocated almost \$11 million in total. 'Joss Construction' were appointed as the builder last year and will begin work in mid-February. The scope of works will include a new six room Prep – Year 2 building, a new office administration building, extensive landscaping and a new gymnasium/sports stadium. We anticipate these works will be completed sometime in early Term 4. This will mean a bit of noise and disruption during the first three terms but the end result will make this very worthwhile.

Staff changes

We are very excited to have a number of new staff for 2023. I would like to welcome all the staff to the Myrtleford P12 College team.

Name	Role
Leshae Hogan	Year 2
Imogen Allen	Year 1
Livio Bonollo	Italian
Simon Povolo	Food/PE
Kelli Beer	Year 5
Simon Parker	English/Humanities
Craig Millar	PE/Humanities
Alex Shaw	Year 3
Josh Lindsay	Primary Music
Belinda Knobel	Office Admin
Paul Holden	Education Support

Around the College...

IMPORTANT CANTEEN NOTICE

Thanks to Year 6 student Sein Pai Ling for designing the new canteen menu. It looks fabulous! Every family has now received a copy of the menu, and a copy is attached to this newsletter.

Please check the price increases on the new menu.

Thanks, Di Mancuso

CANTEEN DAYS

OPEN
MON, THURS, FRI
CLOSED
TUES, WED

Students will need to bring their own lunches on the days the canteen is closed.



New Australian Citizens!!

One of our school families became Australian Citizens yesterday as part of the Australia Day Events in the Shire.

Congratulations to Josh (Year 7), Asther (Year 5) and their mum, Om Young!

Myrtleford P12 College is a Child Safe School.
All our Child Safe policies can be accessed on the College website.

<http://www.myrtlefordp12.vic.edu.au>



Music Lessons Available!

A new music teacher is accepting new students and is able to run lessons at the College.

Rudi Katterl is able to teach guitar, bass and ukulele. He also offers lessons for drums and beginner piano.

Registration/Enquiry Forms are available from the College Office.

CHEMIST KING
discount pharmacy



Myrtleford Discount Chemist located at 151 Myrtle Street, Myrtleford are currently looking for Junior Staff to join their team.

Applicants must be able to work Saturdays (9am until 1pm).
After school hours (3.30pm until 5.00pm) and during school holidays (9am until 5pm) may also become available.

Please email a copy of Personal Resume to:
myrtleforddiscountchemist@gmail.com - Att: Mohamad
Or a copy can be taken to the chemist personally.



Let's get behind Mr Slotegraaf!

Some of you may be aware that I am undertaking a multiday Cancer charity ride at the beginning of March. I have been training hard all summer to ready myself for this challenging ride. I will be taking part in the Tour de Cure High Country Charity Ride.

Tour de Cure's mission is to cure cancer through our inspirational cycling tours and events across Australia, we fund the boldest research, the most talented scientists and the pioneering cancer projects that we believe have the greatest potential impact to find a cure for cancer.

I'm trying to make a difference by raising money for a cause that I care about. It would mean a lot to me if you could help by making a donation on my fundraising page:

Click the link below if you would like to kindly support my efforts.

<https://tourdecure.grassrootz.com/high-country-charity-ride-2023/tdc-clinton-slotegraaf>

It only takes a minute and any donation you make (no matter how large or small) will go a long way to helping me reach my target.

Thank you, I really appreciate your support.

Kind regards,

Clinton Slotegraaf

Some of our New Staff in 2023

Kelli Beer

Teaching subjects/working area:

Year 5

About me:

My family and I have an annoying but loveable Husky dog, a cranky black cat who rules the house, a handful of cows and sheep and about 500 chickens!

Something I enjoy doing out of school:

I play hockey, both field hockey and indoor hockey – I enjoy trail running and if I find the time, I also enjoy doing a spot of creative writing.

Personal message:

We all have access to this incredible power called kindness – it can be as simple as smiling and saying hello but it can have a huge impact on a person's life.



Alexandra Shaw



Teaching subjects/working area:

Grade 3, classroom teacher

About me:

Our family have lived in the area for ten years. I am a mum of two, and a committed community member.

I cannot wait to get to know the students and staff during my time in Myrtleford P – 12.

Something I enjoy doing out of school:

Outside of school I love to walk by the river with my family, ride my bike and go camping.

Personal message:

I absolutely love teaching; I aim to build strong relationships with students and support them to reach their full potential. Education truly does have the power to transform lives.

Livio Bonollo

Teaching subjects/working area:

Italian Prep-8, Year 9 Humanities

About me:

Salve! Mi chiamo Livio e sono uno dei professori di italiano a Myrtleford P-12.

Hi everyone, I have Italian parents and grew up in Carlton. Recently moved from Geelong, I have also taught in country schools in Stawell and Sea Lake. I live in Beechworth and have two border collies, Georgy and Finn.

Something I enjoy doing out of school:

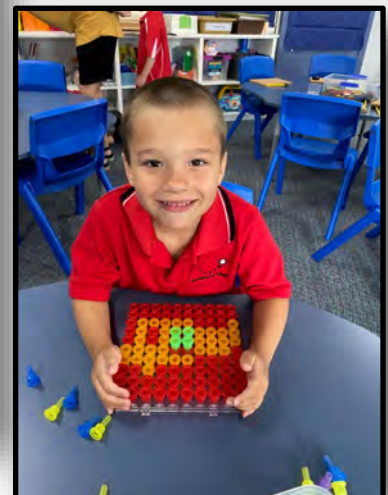
Italian language and food are my passions. The kitchen is my 'laboratorio' and I love experimenting with traditional Sicilian recipes, making pasta and collecting cookbooks. I also love walking and hosting friends and family at home.

Personal message:

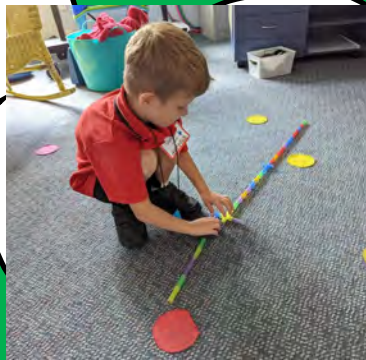
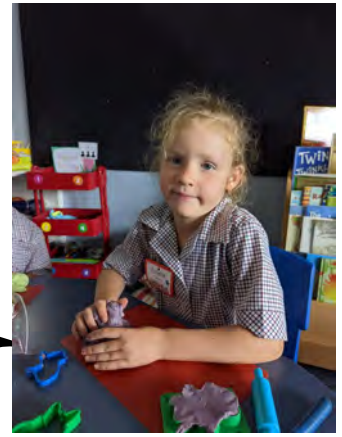
I'm very excited to be joining the Myrtleford P-12 community and teaching Italian and Humanities. I'd like to thank the leadership team, teachers, students and parents for making me feel very welcome. *A presto!*



First school days in Prep L



First school days in Prep LC



2023 Primary Classes



Prep LC
Mrs Lindsay
and
Mrs Cunneen

Prep L
Mrs Lock



1A
Mrs Allen

2C
Mrs Cavallin



2023 Primary Classes



2H

Miss Hogan

3SP

Mrs Poyner
and
Mrs Shaw



3/4MC

Mrs McIntyre
and
Ms Cook

4W

Mrs Watson



2023 Primary Classes

5B

Mrs Beer



5/6BF

**Ms Bigger
and
Mr Fullwood**

6RF

**Miss Royse
and
Mr Fullwood**





Myrtleford P12 College

Inspirational.

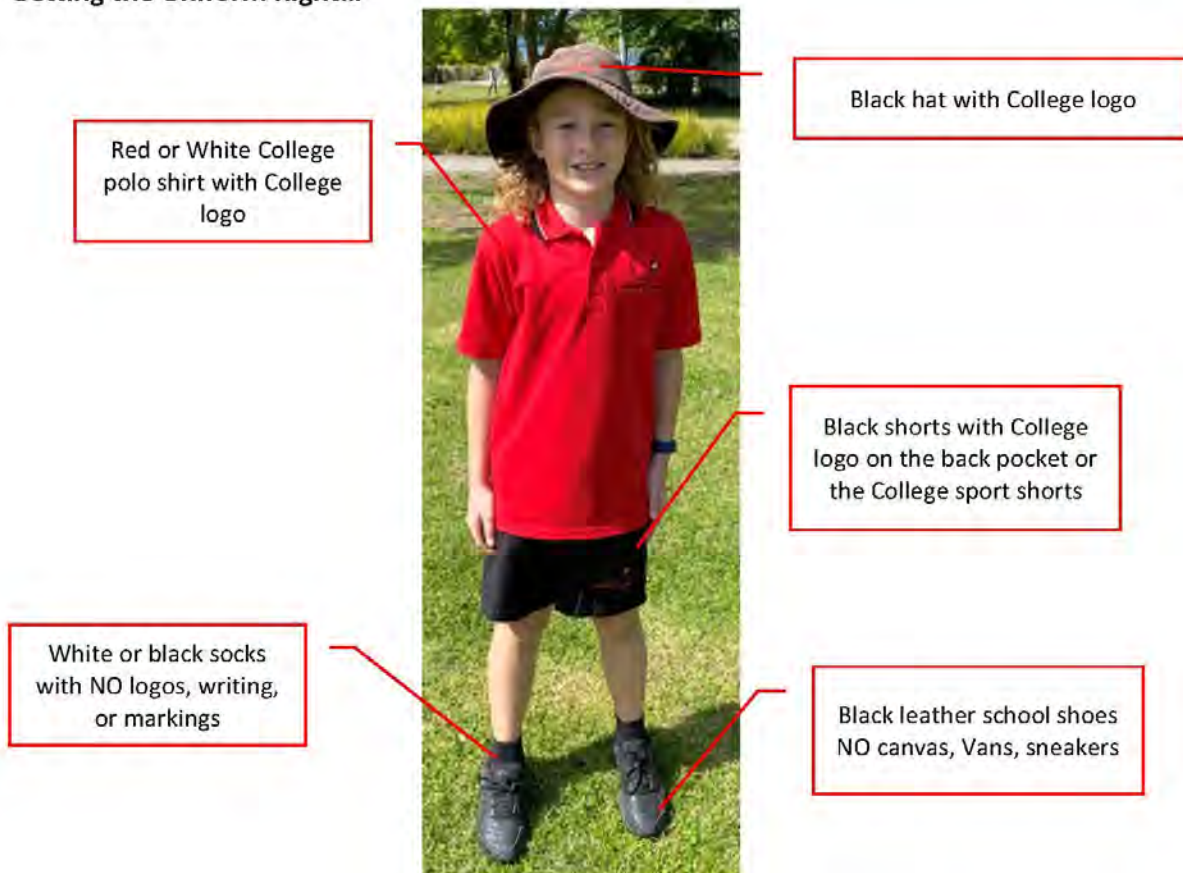
Uniform in P-6

Summer Uniform

(Term 1 and 4)

There is a '**NO HAT – NO PLAY**' policy during Terms 1 and 4 as we want our students to be safe from the harmful rays of the sun. Students who do not have a hat will not be able to play out in the playground.

Getting the Uniform Right...



Red or White College polo shirt with College logo

Black hat with College logo

Black shorts with College logo on the back pocket or the College sport shorts

White or black socks with NO logos, writing, or markings

Black leather school shoes
NO canvas, Vans, sneakers

Additional Notes

- **Girls have the option of wearing the College Summer Dress**
- On cold days students may wear the College jumper – other jumpers are not acceptable

Sports uniform

Students in P-4 have the **OPTION** to purchase the MP12 College Sport Shirt if they would like an alternative for Sport and PE days (The Sport Shirt is **COMPULSORY** for Year 5-6). All Students come to school in their full school uniform on sport days and they can **CHANGE** into their sport shirt and runners before their lesson. They will then change back into their full school uniform before coming home. Students should not come to school wearing runners or wearing their sport shirt.

College uniform is available to purchase from **Billy and Me, 67 Clyde Street, Myrtleford.**

Be **RESPECTFUL** : Be **RESPONSIBLE** : Be a **RESPONSIBLE COMMUNITY MEMBER** : Be **SAFE**

Congratulations Ava Brock



Congratulations to Year 11 student Ava Brock for her fabulous artwork *NGATANWARR, WATA WALOONG, WATA POORAY (Welcome, come near, come far)* that has been used in the Alpine Shire Reflect Reconciliation Action Plan 23-24.

Ava will accompany Mr Lindsay to the Launch morning tea on the 15th February.

My name is Ava Brock and I am a proud Gunditjimarara woman of the Kerrupjimarara clan. I am 16 years of age and go to school at Myrtleford P-12, where my family have all gone. I was raised within the Alpine Shire and have learnt to appreciate the beautiful place I call home. Having never lived anywhere else, being given the opportunity to be involved is truly an honour.

This painting represents the coming together of all as we reconcile as one from near, from far, or from here.

The middle meeting place represents the Alpine Shire, surrounded by symbols of man, woman, and person. This acknowledges every member within our Shire as one and how we are all equal.

The connected waterholes to the left and below of the meeting place appreciate our connections all over Country through our waterways and the way in which the river will always lead you somewhere, as historically mob stayed in places where water was running fresh.

Along the bottom of the painting lies our mountain ranges, those which border the place we call home. These hills offer a natural beauty only found here, attracting people from all over to the Alpine Shire.

The top left and right corners show us those hardships we may face as a community and how the blooming support to the right of both corners from surrounding communities brings us all together, to overcome that which can't take us down.

As a whole, reconciliation is such an important step for the future of our community. No matter your background, we are all in this together.

HEALTH CORNER...with Adolescent Health Nurse Rosemary Bunge

I'm at Myrtleford P12 college on Tuesdays and Thursdays
I can be contacted by email Rosemary.Bunge@education.vic.gov.au or on 0438 710 584.

Welcome back to school 2023 – I hope your holidays were great.

Some important things to remember in Term 1.....

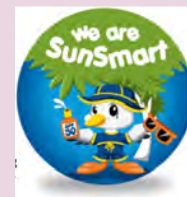
- To be sun smart
- To keep well hydrated

Myrtleford P-12 College is a Sun Smart school. This means hats must worn when outside during Term 1 and 4. This is a very important part of being SunSmart and reducing the risk of sun damage and future risk of skin cancers. *Slip on a shirt, slop on sunscreen, slap on a hat, seek shade and slide on sunglasses* is still the message from the Cancer Council and worth remembering both at school and away from school.



During Summer it is extra important to stay well hydrated with our higher temperatures. Water is best and students are encouraged to carry a water bottle at all times.

Your brain is 76% water, staying well hydrated at school can help fight off fatigue and headaches.



Welcome to any students who are new to the school

As Adolescent Health Nurse (School Nurse) my role is helping you stay healthy, so I do a lot of health promotion activities and primary health care. I work with classes and small groups and can also see students individually for short term counselling. For parents I can also offer information and support re student's health. If you would like to chat with me, you can leave a message at the office or catch me in person on my days. You will find my office at the side of the multi-purpose room.

Senior camp

On Tuesday 31st January, I attended the Year 11/12 camp and together with Leah, School Nurse from Tallangatta, we delivered a session on taking care of yourself and ways to reduce anxiety/worries during these last years of school. We talked about many different strategies and practiced a few and ended the session making some stress beads to take home. Not everyone's cup of tea but a useful tool for some. The students were well engaged and hopefully they continue to proactively use supports available to them.

Breakfast News

A few changes for breakfast this year!

We are going to have breakfast **three days** a week instead of two! It is with the support of our new Mental Health Practitioner Miranda and teacher helpers, that this can be possible.

New plan – (please note new time on Tuesday)

Tuesday in the SLA at **recess time** with Rosemary and Miranda- cheese toasties at recess time, all welcome.

Thursday in the canteen with Rosemary -fruit cups, cereal, toast and spreads to eat and milo, milk and juice to drink.

Friday in the canteen with Miranda- fruit cups, cereal, toast and spreads to eat, and milk to drink.

Don't forget to get your day off to a great start. It is free, all you need is a smile. All welcome.



Quote for the week: How wonderful it is that nobody need wait a single moment before starting to improve the world. *Ann Frank*

In the community



RESTORE 'n REPAIR
Annual Repair Café & Kustom Car Event
SATURDAY FEB 18TH 2023
10AM - 2PM @ MYRTLEFORD SHOWGROUNDS

Featuring **Chopped and Changed Kustom Car Club** and their Chevy Hotrod powered by Tesla.

Launching EV Conversions • Community Power Salvage Shop • Puzzle Swap • Community Garden Produce

BBQ, TEA / COFFEE AND CAKES AVAILABLE FOR A DONATION

BRING ALONG ITEMS FOR REPAIR:
CLOTHING & TEXTILES FOR MENDING • HOUSE & GARDEN TOOLS FOR SHARPENING
ELECTRONIC ITEMS • BATTERY POWERED ITEMS • BICYCLES
CARS / UTES / PICKUPS (Advice and Parts available) • FURNITURE • GENERAL HOUSEHOLD ITEMS



COMPETITIONS!
Prizes for for best repaired, repurposed & recycled items ... Enter via QR Code.

see www.facebook.com/myrtlefordrepaircafe for further information
Myrtleford Repair Cafe is part of and auspiced by Myrtleford & District Landcare and Sustainability Group.
Repair, Repurpose, Reuse, Renew.

Do you like to re-purpose? repair? recycle or upcycle?

COMPETITION
@Mega Repair Café Event
in the Cattle Pavillion
Saturday 18th February, 2023
Five Categories

Voucher Prizes

OPEN CATEGORIES:

- **A Repurposed Household Item.** Repurposed means adapt for use in a different purpose.
- **Upcycled Garden Item .** Upcycled means reuse (discarded objects or material) in such a way as to create a product of higher quality or value than the original.
- **Repaired clothing Item:** Repaired means restore something damaged or worn to a good condition.

PRIMARY AGED STUDENTS:

- **Recycled Art.** Recycled means making rubbish into something new.

SECONDARY AGED STUDENTS

- **Scrap Project** e.g. wood, fabric, paper, metal, ceramics Scraps means any small piece or amount of something, especially one that is left over after the greater part has been used.

Please register your entry via the QR code.

Entries close and to be brought to the Cattle Pavillion on Friday 17th February between 5:00 and 7:00 pm



nab AFL AUSKICK

JOIN THE FUN!
Whorouly - T1
All Girls Auskick Centre
Whorouly Recreation Reserve
Tuesdays - February 21st - March 21st
4pm-5pm

Register via the link below or the QR code
<https://www.playhq.com/afl/register/33da34>
For further details:
cam.green@afl.com.au




2023 Myrtleford Junior Football Club Season Registrations are OPEN!

New, current and old players are welcome to join.
Under 12s (Players age 1/1/2011 to 31/12/2012) All Genders
Under 14s (Players age 1/1/2009 to 31/12/2010) All Genders
Under 17s (Players age 1/1/2006 to 31/12/2008) Click on the link below to register.




<https://www.playhq.com/afl/register/634351>

All New members (Never played for the MJFC) will receive a FREE Club polo. Please email your name and size to myrtlefordjuniorfootball@gmail.com

Players are required to purchase their own playing boots, shorts and socks, available from Sports First Myrtleford and a Mouth Guard. Playing Tops will be supplied by the club.

Once registered, please download the App – “Stack Team App” and request to Join “Myrtleford Junior Football”. This is where updates will be given to parents throughout the season.

For more information, please call Rory on 0408574337

Go Saints   

Our Sponsors Thank you for your ongoing support.

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Email: cartwrightkitchens@bigpond.com

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Food For Families.
Thanks to you.

WAW proudly partnering with Uniting for Food For Families.

Drop off non-perishable food here to help support vulnerable people facing crisis this Christmas.

foodforfamilies.org.au

HEI-TANA FREIGHT

MYRTLEFORD • WANGARATTA • BRIGHT

Owner/Operator - Kane Howell

Phone **0418 577 652**
A/H 03 5752 2531

EMAIL: heitanafreight@gmail.com

bank

WAW

Porepunkah Ski Hire

Gary & Carolyn Monshing



Town Centre, Porepunkah 3740
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- Service & Much More

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Our fortnightly newsletter is available for your enjoyment:

- **On the Skoolbag app** available on Android and Apple devices. (Where you can also enjoy notifications about school related information, and access to parent forms)
- **On the College website** at <http://www.myrtlefordp12.vic.edu.au/>
- **Via email** (just let the office know and provide a valid email address)
- **By hard copy** on request

Canteen Menu



Hot food

Warm chicken wrap-chicken, lettuce, cheese & mayo or with sweet chilli sauce. \$6
 Warm chicken tender wrap. \$6

PIZZA- Ham & cheese
 Ham, cheese & salami
 Ham, cheese & pineapple. \$3.50

Party pies. \$1
 Party Sausage Rolls. \$1
 Steamed dim sums. \$1
 Plain 1 filling Toast. \$3
 2 filling Toast. \$3.50
 Nacho Bowl. \$3.50
 Chicken chilli tenders. \$1.50
 Chiko roll. \$4
 Spring rolls. \$4
 Large Meat Pie. \$4
 Turkish Rolls- tomato, ham & cheese. \$4
 Chicken Schnitzel burger- tomato, beetroot, cucumber, lettuce and red onion. \$6
 Chicken Nugget x4 with chips. \$4
 Hot chips. \$3.00
 Potato cake \$1.50
 Hot Jam doughnuts \$2
 Fried Dim Sim. \$1.50

Fresh food

Fresh rolls, sandwiches, wraps (Gluten free bread available)
 Choice of ham, chicken or salami, served with lettuce, tomato, carrot, beetroot & cheese.

Fresh meat of choice cheese. \$5
 Fresh meat of choice with salad. \$6
 Butter and Vegemite
 Veggie Delight:
 Cheese, lettuce, tomato, carrot, beetroot, cucumber and hammus. \$6

THURSDAY- Pasta day= SM, \$3.50. LA, \$5.00.
 Bolognese, Neapolitana

FRIDAY- Hotdogs=\$3.50
 with cheese=\$4.00
 Flake and chips=\$7.00

Drinks and Snacks

Garlic bread. 20 cents
 Frozen Fruit smoothies. \$2
 Fruit Juice- apple orange, apple/blackcurrant. \$3.50
 Flavoured milk- chocolate, strawberry,
 Iced coffee and Honey comb. \$4
 Water. \$2
 Slushie. \$2.50
 Yoghurt tube(strawberry/blueberry/vanilla). \$2

LITTLE TREATS

Jelly-\$1.00
 Cupcakes-\$1.00
 Choc-chip cookies-\$1.00
 Ice cream in cones-\$2.00
 Ice cream in cup with flavoured toppings-\$3.50

Zooper doopers-\$1
 Frozen Bulls Yoghurt 200ml- Strawberry-wildberry. \$3.50 each

Smoothies

Mango, Passion fruit/Mango, mixed Berry and Banana. \$6

Milkshakes

-\$4.00 each
 Chocolate, Banana, Vanilla, Strawberry, Blue heaven.

